

# This is Tough

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## OPENING QUESTION

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Work/School, family, sports, spirituality, social life, church, social media—which area is easiest for you and which area is the hardest for you?

## READ James 1:1-27

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### 1. How do you usually respond to tough times?

- A. Buck up and push through them.
- B. Fall apart.
- C. I love the challenge.
- D. Find someone to help me through it.
- E. Complain to God.
- F. Label it “bad luck.”
- G. Look for opportunities for my faith to grow.
- H. Tell others how rough life is for me.
- I. Other.

### 2. When does your faith usually grow?

- A. When everything is going great for me.
- B. When I’m at church.
- C. Getting involved in service projects.
- D. Participation in a small group Bible study.
- E. Experiencing tough times.
- F. Consistency in personal devotions.
- G. Sharing my faith with others.
- H. Listening to inspiring music.
- I. Other.

### 3. How does God give wisdom?

- A. You’ve gotta ask for it.
- B. Expect some tough times.
- C. God downloads it on your brain’s hard drive.
- D. God strips away your stupidity.
- E. Replacing double-mindedness with singular focus.
- F. It helps if you’re already pretty smart.
- G. It’s given to those who give all they have to God.
- H. Other.