

MULTILEVEL

1-4

# Food Craft

1. Create a seed mosaic.
2. Stamp a picture or design using fruits and/or vegetables.
3. Make a fruit garland for birds.
4. Construct at least two edible fruit and/or vegetable art snacks.
5. Dye a shirt with veggies and/or fruit.



## Helps

\* Be aware of any food allergies that the children have. This includes allergies when eating or touching specific foods.

1. Read Genesis 1:6. Discuss and show examples of edible seeds.  
For examples of seed mosaics, search the internet using the key words “kids crafts seed mosaics.” For younger children, use a preprinted image.
2. Search the internet for children’s fruit and vegetable stamping crafts.
3. For examples of fruit garlands for birds, search the internet or Pinterest for fruit garland bird feeder craft for kids.
4. Find healthy fun edible food crafts for kids on Pinterest or in children’s cookbooks.
5. Look on the internet using the key word search “dye a shirt with veggies and fruit.” This can be messy, so consider providing disposable gloves and old shirts as smocks to cover the children’s clothes.